



CATHOLIC MEMORIAL SCHOOL CODE OF CONDUCT



We believe that interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship, and promote the development of good character and other important life skills. We also believe that the highest potential of sports is achieved when participants are committed to pursuing victory with honor according to six core principles: trustworthiness, respect, responsibility, fairness, caring and good citizenship (the “Six Pillars of Character”). This Code applies to all Student-Athletes involved in interscholastic sports.

TRUSTWORTHINESS

1. Trustworthiness - be worthy of trust in all you do; always pursue victory with honor.
2. Personal Integrity - live up to high ideals of ethics and sportsmanship and demonstrate the importance of good character by doing what’s right even when it’s unpopular or personally costly.
3. Honesty - live and compete honorably; don’t lie, cheat, steal or engage in unsportsmanlike gamesmanship or any other dishonorable conduct.
4. Reliability - fulfill commitments; do what you say you will do.
5. Integrity of the Game - protect the integrity of the game; don’t engage in gambling on sports; don’t give information to or associate with gamblers.

RESPECT

6. Respect - treat all people with respect on and off the field; don’t engage in disrespectful or offensive conduct of any sort including profanity, obscene gestures, sexual remarks, belligerent trash-talking or taunting, boastful celebrations, or other actions that demean individuals or the sport.
7. Respect Officials - treat officials with respect; don’t complain about or argue with calls or decisions during or after an athletic event.
8. Class - live and play with “*poise and class*”; be a good sport; be gracious in victory and accept defeat with dignity; help up fallen opponents; show sincere respect in pre and post game rituals.

RESPONSIBILITY

9. Importance of Education - be a student first and commit to getting the best education you can. Be honest with yourself about your athletic future including the possibility of injuries; prepare yourself for life beyond competitive athletics.
10. Role-Modeling - participation in sports is a privilege not a right; represent with honor.
11. Self-Control - exercise self-control; don’t fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.
12. Healthy Lifestyle - safeguard your health; don’t use any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight.
13. Teamwork - think and play as members of a team and encourage them to put team success above personal statistics and recognition.
14. Sexual Misconduct - report misconduct to proper authorities.

FAIRNESS

15. Be fair - live up to the high standards of fair play; be open-minded; always be willing to listen and learn.

CARING

16. Concern for Others - demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to yourself or others/
17. Teammates - help promote the well being of teammates by positive counseling and encouragement or by reporting unhealthy or dangerous conduct to coaches.

CITIZENSHIP

18. Play by the Rules - maintain a thorough knowledge of and abide by all applicable games and competition rules.
19. Spirit of Rules - honor the spirit and letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.
20. Always play with “Poise and Class” -remember your actions on and off the field reflect on you and Catholic Memorial.

I have read and understand the rules and regulations related to the Athletic Department “Code of Conduct” and will abide by them. I also understand the consequences and penalties as they pertain to the Student handbook and the MIAA rules and policy.

Student Athlete’s Signature _____ Grade _____

Student Athlete’s Name (Printed) _____

(Please return to the Athletic Department by 9/30/09)